



ERASMUS+ Programme –Key Action 2: Strategic partnership
IENE 8 - “EMPOWERING MIGRANT AND REFUGEE FAMILIES WITH PARENTING SKILLS”
 Agreement number: 2018-1-CY01-KA202-046848



Project summary

The **IENE 8 project** addresses the complex issue of parenting skills among migrants and refugees and expand the existing Knowledge hub (KHub) (IENE6) for nurses, other health professionals and volunteers to enable them in empowering migrant and refugee parents. Focus is on helping refugee parents to better nurture, protect and educate their children under difficult circumstances. Outputs of the project include a curriculum and training for nurses and other health professionals and volunteers, bite-sized learning units for parents to better support of their children and family, and a collection of stories on migrant and refugee families.

2nd Transnational meeting in London
13th-14th May, 2019

The partners reviewed the minutes of the first meeting in Limassol and discussed the recent **GDPR**, EU data protection regulation. As a result, it was decided to add a disclaimer in the online KHub. Other changes were agreed around the KHub, mainly in order to differentiate **IENE 8 KHub** from IENE 6 one. Based on the literature review (IO 1), the **Curriculum Model** (IO 2.1) and the **Curriculum Content Map** (IO 2.2) were presented and discussed (see below). Each partner chose to cover three out of overall 20 bite-sized learning units stemming from IO 2.2., for which a template was established. Crucially, it was also agreed to reduce to one day only (for a total of eight hours) the face-to-face part of the **training** which will be of **20 hours**, with six hours pre- and post-training. Finally, template and timeline for the **collection of stories** was also established (IO 5). The consortium discussed and planned dissemination activities and financial issues. All deliverables were discussed and a timeline with agreed deadlines was established and circulated covering each partner’s tasks up to January 2020.



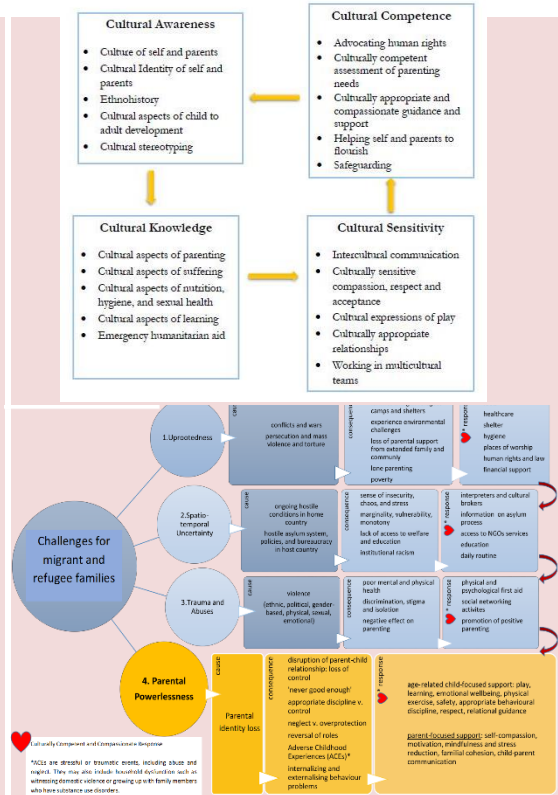
National and Kapodistrian University of Athens



This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

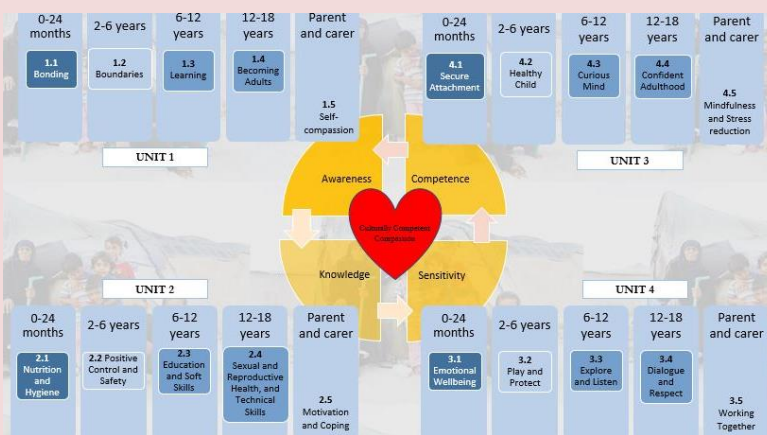
Output no. 2 Curriculum Development

The second output comprises two elements which both rely on the findings of the scoping review (IO 1), and further research. The first is the **Curriculum Model (IO 2.1)** which is informed by the original PTT model for Developing Cultural Competence and the PTT/IENE Model for Intercultural Education of Nurses in EU. The **Conceptual PTT/IENE 8 European Model for the Caregivers of Migrant and Refugee Families in Transit** provides a framework for a systematic approach to the building and delivery of the curriculum. The model included new important elements, such as Cultural aspects of parenting and of child-to-adult development. The second element is the **Curriculum Content Map (IO 2.2)** and it builds on four themes capturing the main challenges faced by refugee families and representing important risk factors for **parental identity loss**. These themes are: **up-rootedness, spatio-temporal uncertainty, trauma and abuses, and parental powerlessness**.



Output no.4 Bitesized Learning Units

The curriculum aims to inform an innovative training course to enable nurses and other health professionals and volunteers to provide support, knowledge, and skills on parenting and child-family health care needs. The curriculum is composed of **four broad learning areas** following the constructs of the PTT/IENE 8 model (see above): **Awareness, Sensitivity, Knowledge, Competence**. Each unit comprises **five sub-units** for a total of **20 sub-units** constituting the **Bite-sized learning units**: four subunits relevant to age related child-parent relationship, one sub-unit



for adults, both the parent and the carer. A total of twenty Bite-sized learning units are being developed, and they will be translated into all the partners' language, **tested, delivered**, and made available on the project website, together with a **Training Guide (IO 3)**. The units' topics span from Bonding, Boundaries, to Nutrition, Hygiene, and Self-compassion and Mindfulness.

Next meeting

Next meeting will be in Neuss, Germany on 4th and 5th of November, 2019



Co-funded by the Erasmus+ Programme of the European Union

