

WHERE CAN I BE TESTED?

In case you want to know more on how to be protected from HIV, Viral Hepatitis B & C and Sexually Transmitted Infections, and be tested, you may address to the following spots:

ATHENS

Doctors of the World
Open Polyclinic
12 Sappous Str, 10553
Tel: 210.32.13.150

Positive Voice
Athens Checkpoint
4 Pittaki Str, 10554
Tel: 210.33.10.400

Positive Voice
Ref Checkpoint
200 Michail Boda Str, 10554
Tel: 210.32.43.133

THESSALONIKI

Doctors of the World
Open Polyclinic
29A Ptolemeon Str, 546 30
Tel: 2310.56.66.41

Positive Voice
Thess Checkpoint
11 Egnatia Str, 54 622
Tel: 2310.282.284

LESVOS

Doctors of the World
Contact our Social Services:
socialserviceslesvos@mdmgreece.gr



Crossing Countries, Crossing Communities (4C)

The project Crossing Countries, Crossing Communities (4C) promotes access to community health services for socially vulnerable groups, often at risk of exposure to infectious diseases and aims to increase early diagnosis through rapid testing and, by extension, to raise awareness, to properly inform and provide counselling. In particular, as a best practice, the project provided services within the community to eliminate HIV, Sexually Transmitted Diseases and viral Hepatitis, among migrants, men having sex with other men, transgenders and sex workers.

The project is implemented in the framework of the EU4Health 2021-2027 programme, of the European Committee, in collaboration with Doctors of the World-Netherlands, Positive Voice-Greece, Projecte dels NOMS – Hispanosida – Spain, under the coordination of the AidsFonds Foundation – Soa Aids Nederland.

SOAIDS
Nederland

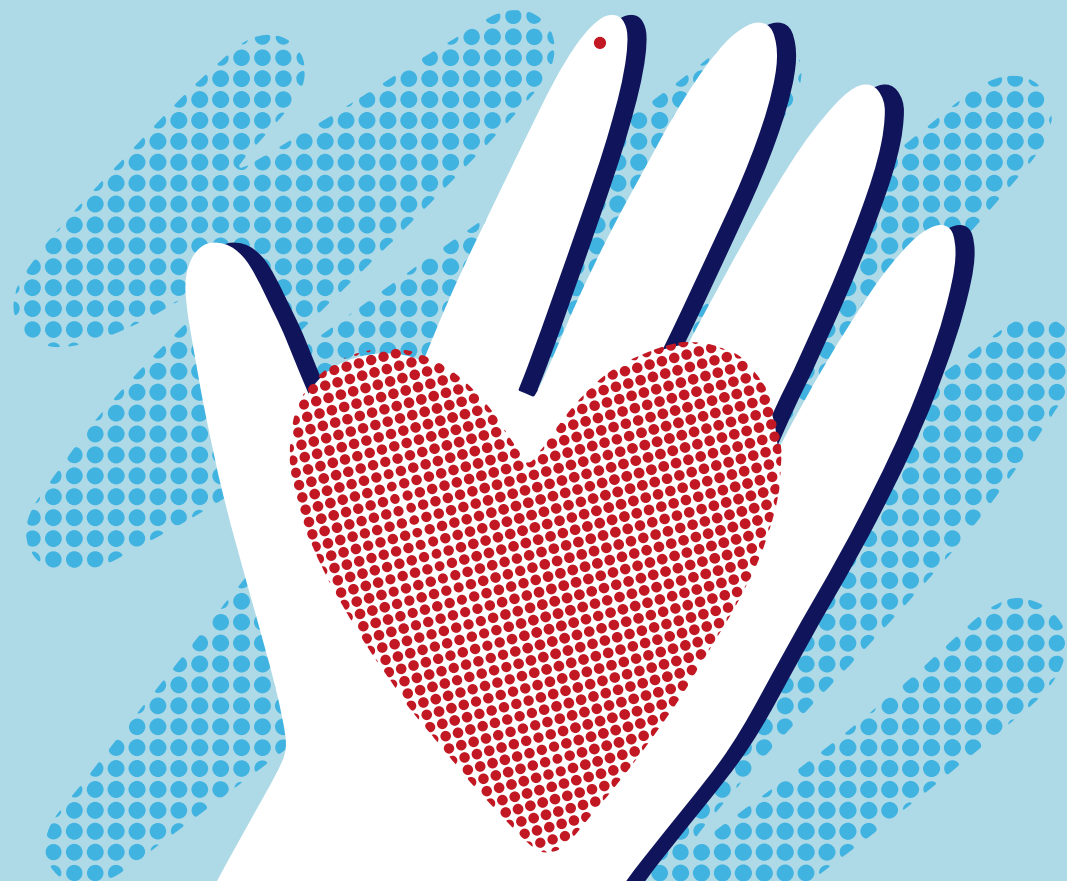


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HIV / AIDS • VIRAL HEPATITIS
SEXUALLY TRANSMITTED INFECTIONS

INFORMATION
PROTECTION
TESTING



HIV – AIDS: Is it the same?

HIV is the virus that attacks and destroys immune cells that help protect the body from infections and diseases. **AIDS** is the syndrome that can occur after chronic HIV infection without medication and refers to the complete exhaustion of the immune system, to the extent that the person is no longer able to fight any infection and can lead to death.

Ways of transmission for HIV:

The virus is contained in the blood, sperm, preperitoneal fluids, rectal mucus, vaginal fluids and breast milk.

It can be transmitted with the following ways:

- Sexual contact without any use or with the wrong use of a condom
- Sharing equipment of intravenous or inhaled substances
(*ie. syringes, straws*)
- Tattoos or Piercings where hygiene standards are not met
- From mother to fetus during breastfeeding

What is Viral Hepatitis?

Hepatitis is a term used for diseases that are caused due to inflammation of the liver. Viral Hepatitis is Hepatitis, triggered by a certain virus. Viral Hepatitis is caused by the Hepatitis B and C viruses.

Hepatitis B is transmitted through:

- Sexual contact without any use or with the wrong use of a condom
- Sharing equipment of intravenous or inhaled substances
(*ie. syringes, straws*)
- From mother to fetus during breastfeeding

Hepatitis C is transmitted through:

- Sexual contact with a person living with Hepatitis C (not often)
- Sharing equipment of intravenous or inhaled substances
(*ie. syringes, straws*)
- Direct contact with infected blood
- Needlestick injuries

Sexually Transmitted Infections (STI)

Sexually Transmitted Infections consist of illnesses transmitted mainly through sexual intercourse. Contact may be either oral, vaginal or rectal. Certain STIs are not transmitted only through sexual contact but through skin contact as well.

Some of the most frequent STIs are: • HPV warts • Genital Herpes • Trichomoniasis • Hepatitis B • Hepatitis C • AIDS/HIV • Syphilis • Chlamydia • Gonorrhea • Vlenorrhea

How do I protect myself?

I am not afraid of preventive testing

- Rapid tests for HIV/AIDS, Hepatitis and Syphilis do not take more than 15 minutes of your time.
- STIs often do not show symptoms clearly, but even when they do, these are not particular. Having a routine check keeps me safe.

Being informed equals being protected

- Educating young people about ways to protect themselves
- Getting to know accurately the procedure of rapid tests and laboratory tests
- I am seeking counselling for safe sexual practices and reduction of exposure risks.

I learn all potential ways of prevention

- Getting the vaccine for Hep B during childhood. Renewing my vaccination during adulthood.
- I am aware of the preventive treatment for HIV (PReP) and of protection after a potential exposure (PEP).

Regular and proper use of condoms during intercourse

- Condoms offer one of the most effective protection methods against STIs and HIV. As long as use is consistent in every sexual intercourse.
- I prevent transmission through the use of new and sterile intravenous syringes. I do not share needles, syringes or other equipment.